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My Hearing Explained – describing hearing test results in person-centered ways

People with hearing loss report that they often struggle to understand the results of their hearing assessment, to confidently make decisions about next steps in care, and to relate outcomes and their implications to family and friends.

During a year-long innovation process, the Ida Institute conducted a major innovation process with hearing care professionals, patients, and their families to understand how test results are usually conveyed and what would be needed to increase patients' understanding of their hearing situation. The result was My Hearing Explained, an easy-to-use communication guide designed to relate hearing test results in easy-to-understand language and help people explain their hearing loss to others.

This session will explore how a hearing aid acoustician may best communicate a person's hearing status and its implications in order to enable easy understanding and informed decision-making during hearing rehabilitation. Participants will explore these topics through ethnographic videos and discussion, and they will learn how to use the My Hearing Explained tool in appointments.